



LAKE CATHIE MANOR

Compassionate people, dedicated to care



RESIDENTIAL AGED CARE HOME

HALL & PRIOR
Health & Aged Care Group



*We look forward
to welcoming
you to our home*

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Welcome to

LAKE CATHIE MANOR



Lake Cathie Manor Aged Care Home is part of the Hall & Prior Health & Aged Care Group: a family-owned organisation with a passion for providing quality aged care.

Our home is led by an experienced Director of Nursing who works alongside a team of compassionate, dedicated professionals to ensure that you feel well cared for.

We strive daily to provide care that enables our residents to live the life they choose, exercising choice and decision making to maximise quality of life and wellbeing.

A place **TO CALL HOME**



We welcome family to join in with activities, or catch up over a cup of tea in one of our lounges, gardens and patio areas.



Lake Cathie Manor Aged Care Home is a beautiful, architect designed home away from home. Located on a quiet suburban street that sits between the golden sands of Lake Cathie and Lake Cathie beach, our home is perfectly located for transport and amenities giving way to a wonderful lifestyle.

Staying active and socialising is an important part of a healthy lifestyle. Our activity program changes each month, but will always include bus trips and outings, arts and crafts, movie days and theme days. We have volunteers who support our home and have regular musical performances, fetes, raffles and visits from school groups.

Friends and relatives are welcome to visit at any time and can catch up over a cup of tea in one of our comfortable lounges or shady outdoor areas. There are cafes nearby that are ideal for outings.

*Lake Cathie
Manor is a
family-oriented
home*



Care at **LAKE CATHIE MANOR**



It's our priority to ensure that you feel safe, secure and at home. For your peace of mind, we provide care by a mix of registered nurses and personal carers.

We have the expertise to assist with complex care needs and will always discuss your care needs and preferences with you and your family.

Your general practitioner can visit you at Lake Cathie Manor or you can choose to be cared for by one of our visiting general practitioners. Speech pathologists, dieticians and physiotherapists visit Lake Cathie Manor regularly to support our residents' care, and visits from other health professionals such as podiatrists, dentists and opticians are arranged as required.



*Our care team
is dedicated to
providing you
with the highest
quality care*





WHAT'S ON THE MENU?

Enjoying a variety of delicious, nutritionally balanced meals is not only an important part of maintaining good health, it's an important part of your day.

Our kitchen team provides fresh meals that are prepared at our home and served straight to you. We consult with dietitians and speech pathologists to support our residents' care without compromising on taste.

We offer a choice of hot and cold meals, cater for clinical dietary requirements, allergies, intolerances and cultural requirements, and of course, special requests to mark celebrations.

HOW MUCH DOES IT COST?

The cost of aged care is dependent on your circumstances and is different for everyone. The Government pays a supplement for residents who are assessed as eligible through a combined assets and income assessment; depending on your circumstances, the Government may pay all, part or none of your care and accommodation costs.

You can find an explanation of the fees and your payment options on our website or ask our staff for fee and payment information. We will be happy to go through them with you and answer any questions you have. More information is available from myagedcare.gov.au.

HOW DO I APPLY?

Before you apply to live at Lake Cathie Manor, you will need to be assessed as eligible for residential aged care by an Aged Care Assessment Team, or ACAT. ACAT Assessments are free and your doctor, health centre or local hospital can refer you to an ACAT near you. Please keep a copy of your assessment as you will need to give it to our Director of Nursing before you can move in.

Once you are ready to apply, there are a number of forms that you will need to complete. Our staff are available to sit down with you and guide you through the application process if you like. Please feel free to ask us questions at any time.

Moving and **SETTLING IN**



Moving into an aged care home involves a lot of change for you and your family, and our staff are committed to supporting you during this time.

Your room will be furnished for you, and we encourage you to personalise your space with special photographs, paintings and soft furnishings to help you feel at home. There are television sets that you can watch in our common rooms, but you are welcome to bring your own television or radio if you wish.

Having someone to talk to who is knowledgeable and compassionate can make all the difference. Our Director of Nursing is very approachable and is available to discuss your care or the care of your loved one with you at any time. We look forward to welcoming you to our home.



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LAKE CATHIE MANOR

2 Saltwater Place, Lake Cathie NSW 2445

For further information or to arrange a visit, please
contact Lake Cathie Manor's Director of Nursing:

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